



At Bamburgh School our vision is that pupils will develop the **independence** that they need to lead fulfilling lives by knowing and achieving more throughout their educational journey. This vision underpins the curriculum offer in every subject, and informs our over-arching curriculum intent: to empower pupils **to understand and interact positively** with the world around them. The four elements which constitute our school motto (**aspiration, commitment, good manners and enjoyment**) are regularly re-inforced by staff and well-understood by pupils - providing them with an easily accessible route map to success.

PE Curriculum Intent

Our PE curriculum intent is to enable our pupils to develop holistically. Alongside the development of physical skills, we encourage pupils to reflect on and improve their skills in five other areas: Social, Emotional, Personal, Health and Fitness. We aim to instill a positive attitude towards PE and physical activity in order to promote healthy lifestyles for our pupils currently and in the future. **The focus is for all pupils to enjoy Physical Education, physical activity and sport, which will enable them to perform with increasing competence and confidence in a wider range of physical activities and sports, both co-operatively and competitively.**

We aim to develop fundamental movement skills including agility, balance and co-ordination, healthy competition and co-operative learning as well as physical literacy, emotional and thinking skills to achieve in PE, in sport and in life. We aim to further develop and embed the pupils' knowledge, skills and understanding as pupils grow older. Furthermore, we aim to develop children's independence by developing thinking skills, and by encouraging peer and small group work. Pupils will be encouraged to take greater responsibility, to communicate, and to make decisions in lessons.

We encourage pupils to aspire to lead a healthy lifestyle, and aim to improve health and wellbeing by promoting **sustained active participation**. We also want every pupil to fulfill his/her potential. **The introduction of new activities, where the young people work outside their 'comfort zone,' will facilitate the development of self-confidence and team work in new and challenging environments.** This includes developing awareness of activities within the community that the young people could participate in when moving into adulthood. Further focuses are on health and wellbeing, and the promotion of sustained active participation. Also, the benefit of leading a lifelong healthy lifestyle is a common theme in lessons.

Our planned impact is that every pupil at their appropriate ability and understanding levels will enjoy PE lessons and physical activity. **This includes being able to achieve and succeed, being**

able to combine physical skills with fluency and apply them consistently to a broad range of physical activities and sports, having the opportunity to take part in competitive sport, being able to collaborate and communicate with others, understanding and being able to articulate how they have made progress in individual PE lessons and over time, understanding how to evaluate and recognise their own success and being able to explain the importance of leading a healthy and active life.

At EY and Key Stages 1 and 2

We operate an inclusive child centered approach using the Real PE schemes of work which are fully aligned to the National Curriculum and Ofsted requirements and focus on the development of fundamental movement skills including agility, balance and coordination, healthy competition and cooperative learning. Real PE is a PE curriculum philosophy and approach which helps ALL children develop the physical literacy, emotional and thinking skills to achieve in PE, sport and life.

At Key Stage 3

Our PE curriculum intent at KS3 is to enable all pupils to enjoy Physical Education, physical activity and sport. We aim to further develop pupils' knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities and sports, both cooperatively and competitively. We aim to enhance independence by developing thinking skills, and by encouraging peer and small group work. We encourage children to aspire to lead a healthy lifestyle, and aim to improve health and wellbeing by promoting sustained active participation. We also aim for every child to fulfil their potential.

At Key Stage 4

Our PE curriculum intent at KS4 is to embed each young person's knowledge, skills and understanding; enabling him/her to perform with increasing competence and confidence in a wider range of physical activities and sports, both cooperatively and competitively. Further independence skills are developed by encouraging greater responsibility, communication, and decision making in lessons. An introduction to new activities, where the young people work outside their 'comfort zone,' will facilitate the development of self-confidence and team work in new and challenging environments.

We focus more in this Key Stage on health and wellbeing, the promotion of sustained active participation and the benefits of leading a lifelong healthy lifestyle. This includes developing awareness of activities within the community that the young people could participate in when moving into adulthood.

Swimming Curriculum Intent

Our Swimming curriculum intent is to ensure that every child has a basic knowledge of swimming and water safety. We believe it is important that pupils learn these life enhancing and potentially life saving skills, therefore our aim is that pupils will have positive swimming experiences at school to help build a lifelong swimming habit, which could include numerous water based activities.

We aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of strokes both cooperatively and competitively. We aim to develop childrens' independence when getting changed before and after swimming. We also aim for every child to fulfil their potential.