



Bamburgh Whole School PE Curriculum Map

Vision: Raising Achievement to Inspire Independence

Motto: Aspiration Commitment Manners Enjoyment

School Curriculum Intent: To empower pupils to understand and interact positively with the world around them.

The Pathway through Bamburgh's Curriculum

All class groups are assigned to a different stage each year, forming a pathway through the curriculum which may be either **Core**, **Core+**, **Core++**(in secondary department only) or a mixture of these. Individual pupil pathways are tracked. In this way, a pupil's pathway through the curriculum is sequenced and ordered.

Where the timetabling of sessions precludes the use of the first choice of activity, then the alternate activities may be used.

Whilst the unit title may be the same for more than one pathway, the knowledge taught will be different.

		Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Stage 1	Core	Personal Coordination - floor movement patterns and Static balance	Social Dynamic Balance to Agility and Static Balance - seated	Cognitive Dynamic Balance and Static Balance - Small Base.	Creative Coordination - Ball Skills and Counter Balance in Pairs.	Physical Coordination with equipment and Agility - Reaction/Response	Health and Fitness Agility - Ball Chasing and Static Balance - Floor work
	Core +	Swimming in Hydro	Swimming in Hydro	Swimming in Hydro	Swimming in Hydro	Swimming in Hydro	Swimming in Hydro
	Core	Personal	Social	Cognitive	Creative	Physical	Health & Fitness



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Stage 2		Coordination-floor movement patterns and static balance	Dynamic Balance to agility and static balance-seated	Dynamic balance and static balance-small base	Coordination-ball skills and counter balance in pairs	Coordination with equipment and Agility-Reaction/Response	Agility-ball chasing and Static balance-floor work
	Core +				Swimming		
Stage 3	Core	Personal Cardio - Coordination-floor movement patterns and Cool down - Static balance - one leg standing	Social Cardio-Dynamic balance to agility and Cool down-Static balance-seated	Cognitive Cardio-Dynamic balance and Cool down - Coordination-ball skills	Creative Cool down - Coordination with equipment and Cool down - counter balance in pairs	Physical Cardio-Agility-Reaction/Response and Cool down-Static balance-floor work	Health & Fitness Cardio-Agility-ball chasing and Cool down- static balance-small base
	Core +					Swimming - Hydro	Swimming - Hydro
Stage 4	Core	Personal Cardio-Coordination-floor movement patterns and cool down-static balance-one leg standing	Social Cardio-Dynamic balance to agility and Cool down-static balance-seated	Cognitive Cardio-dynamic balance and Cool down-Coordination-ball skills	Creative Cool down-Coordination with equipment and Cool down-Counter balance in pairs	Physical Cardio-Agility-Reaction/Response and Cool down-Static balance-floor work	Health & Fitness Cardio-Agility-Ball chasing and Cool down-Static balance-small base
	Core +		Swimming				



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Stage 5	Core	Cognitive Coordination-Ball skills and Agility-Reaction/Response	Creative Static Balance-Seated and Static Balance-floor work	Social Dynamic Balance and Counter Balance in pairs	Physical Static Balance-One leg standing and Dynamic balance to agility	Health & Fitness Static balance-small base and Coordination-floor movement patterns	Personal Agility-Ball chasing and Coordination with equipment
	Core +	Swimming					
Stage 6	Core	Cognitive Coordination-Ball skills and Agility-Reaction/R esponse	Creative Static Balance-Seated and Static Balance-floor work	Social Dynamic Balance and Counter Balance in pairs	Physical Static Balance-One leg standing and Dynamic balance to agility	Health & Fitness Static balance-small base and Coordination-floor movement patterns	Personal Agility-Ball chasing and Coordination with equipment
	Core +	Swimming					
Year 7	Core	Introduction to Teamwork activities & problem solving	Net Game <i>Badminton</i>	Invasion Game <i>Uni Hoc</i>	Invasion games <i>Super scooper</i>	Strike & Field Game <i>Rounders/T Ball</i>	Athletics - <i>Track & Field</i>
	Core +		Gymnastics - <i>Travel, Balance, Climbing Equipment</i>	HRF	Dance	Invasion Game <i>Handball/Rebound Nets</i>	Strike & Field Game <i>Cricket</i>
	Core ++	Invasion games - <i>Bench ball/ Basketball</i>					
Year 8	Core	Teamwork activities & problem solving;	Net Game <i>Badminton</i>	Invasion Game <i>Uni Hoc</i>	Invasion Game <i>Handball / Rebound Nets</i>	Strike & Field Game <i>Rounders/T Ball</i>	Athletics - <i>Track & Field</i>



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	Core +	Inclusive sport	Gymnastics- Climbing Equipment/ Flight apparatus	HRF		Invasion Game <i>Tag Rugby</i>	Strike & Field Game Cricket
	Core ++	Invasion Game Basketball			Net Game Volleyball		
Year 9	Core	Teamwork activities & problem solving;	Net Game Badminton;	Invasion Game Uni Hoc/Hockey	Invasion Game Handball/Rebound d Nets	Strike & Field Game <i>Rounders/T Ball</i>	Athletics - Track & Field
	Core +	Inclusive sport /orienteeing	Gymnastics- Flight apparatus/ Trampoline	HRF	Net Game Volleyball	Invasion Game <i>Tag Rugby</i>	Strike & Field Game Cricket
	Core ++	Invasion Game Basketball					
Year 10	Core	Handball	Gymnasium	Hockey	Gymnasium	Tennis	Gymnasium;
	Core +	Option - Basketball or Dodgeball	Option - Badminton or Tag Rugby	Option - Football or Trapolining /table tennis	Option - Volleyball/Cross Country/Golf	Option - Rounders/T Ball or HRF	Option - Athletics, Cricket
	Core ++	<u>Alternate Units</u> Tag Rugby	<u>Alternate Units</u> Badminton	<u>Alternate Units</u> Trapolining/Table Tennis	<u>Alternate Units</u> Hockey	<u>Alternate Units</u> TBall/Rounders	<u>Alternate Units</u> Athletics
		Basketball	Handball	Playmakers Leadership course	Playmakers Leadership course	Tennis	Cricket



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Year 11	Core	OAA - water sports/ archery	GYMNASIUM	OAA - climbing certificate	GYMNASIUM	OAA -first aid/ water sports	GYMNASIUM
	Core +	GYMNASIUM	OAA climbing/archery	GYMNASIUM	OAA climbing certificate	GYMNASIUM	OAA - first aid/ water sports
	Core ++	<u>Alternate Units</u> OAA water sports	<u>Alternate Units</u> Gymnasium	<u>Alternate Units</u> First Aid	<u>Alternate Units</u> Walking	<u>Alternate Units</u> OAA water sports	<u>Alternate Units</u> Walking
		Climbing Certificate	OAA Climbing Certificate	Gymnasium	First Aid	Walking	OAA water sports