

REAL PE Primary Long Term Plan Bamburgh School 2018-19

Term	Birch (Foundation scheme)	Honeysuckle (Foundation scheme)	Tulip (Year 2 scheme)	Willow (Year 3 scheme)	Mulberry (Year 4 scheme)	Hazel (Year 1 scheme)	Holly (Year 4 scheme)	Sycamore (Year 4 scheme)
Autumn 1	Personal Fun station 10 and 1 Hydro	Personal Fun station 10 and 1 Physical Fun Station 8 and 12 <i>Teacher to choose most appropriate strand</i> Hydro	Personal Fun station 10 and 1 Physical Fun Station 8 and 12 <i>Teacher to choose most appropriate strand</i>	Gymnastics	Dance Swimming (Tues 10-15-12.30)ZD	Personal Fun station 10 and 1	Personal Fun station 10 and 1 Cognitive Fun Station 5 and 4 <i>Teacher to choose most appropriate strand</i>	Personal Fun station 10 and 1 Cognitive Fun Station 5 and 4 <i>Teacher to choose most appropriate strand</i>
Autumn 2	Social Fun Station 6 and 2 Hydro	Social Fun Station 6 and 2 Health and Fitness Fun Station 11 and 3 <i>Teacher to choose most appropriate strand</i> Hydro	Social Fun Station 6 and 2 Health and Fitness Fun Station 11 and 3 <i>Teacher to choose most appropriate strand</i>	Dance	Gymnastics	Physical Fun Station 8 and 12	Social Fun Station 6 and 2 Swimming (Tues 10-15-12.30)ZD	Social Fun Station 6 and 2

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Spring 1	<p>Cognitive Fun Station 5 and 4</p> <p>Hydro</p>	<p>Cognitive Fun Station 5 and 4</p> <p>Hydro</p>	<p>Cognitive Fun Station 5 and 4</p>	<p>Cognitive Fun Station 5 and 4</p> <p>Personal Fun station 10 and 1</p> <p><i>Teacher to choose most appropriate strand</i></p>	<p>Cognitive Fun Station 5 and 4</p> <p>Personal Fun station 10 and 1</p> <p><i>Teacher to choose most appropriate strand</i></p>	<p>Social Fun Station 6 and 2</p>	<p>Gymnastics</p>	<p>Dance</p> <p>Swimming (Tues 10-15-12.30)ZD</p>
Spring 2	<p>Creative Fun Station 9 and 7</p> <p>Hydro</p>	<p>Creative Fun Station 9 and 7</p> <p>Hydro</p>	<p>Creative Fun Station 9 and 7</p>	<p>Creative Fun Station 9 and 7</p> <p>Swimming (Tues 10-15-12.30)ZD</p>	<p>Creative Fun Station 9 and 7</p>	<p>Health and Fitness Fun Station 11 and 3</p>	<p>Dance</p>	<p>Gymnastics</p>
Summer 1	<p>Physical Fun Station 8 and 12</p> <p>Hydro</p>	<p>Gymnastics</p> <p>Swimming (Tues 10-15-12.30)ZD</p> <p>Hydro</p>	<p>Dance</p>	<p>Physical Fun Station 8 and 12</p>	<p>Physical Fun Station 8 and 12</p>	<p>Cognitive Fun Station 5 and 4</p>	<p>Physical Fun Station 8 and 12</p>	<p>Physical Fun Station 8 and 12</p>

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Summer 2		Dance	Gymnastics	Health and Fitness Fun Station 11 and 3	Health and Fitness Fun Station 11 and 3	Creative Fun Station 9 and 7	Health and Fitness Fun Station 11 and 3 Creative Fun Station 9 and 7	Health and Fitness Fun Station 11 and 3 Creative Fun Station 9 and 7
	Hydro	Hydro	Swimming (Tues 10-15-12.30)ZD	Social Fun Station 6 and 2 <i>Teacher to choose most appropriate strand</i>	Social Fun Station 6 and 2 <i>Teacher to choose most appropriate strand</i>		<i>Teacher to choose most appropriate strand</i>	<i>Teacher to choose most appropriate strand</i>

Classes swimming don't have an allocated hall slot so that is the PE for the half term. Classes swap hall slots as required due to swimming e.g. Mulberry will use Holly class slot in Aut 2 as Holly are swimming.

KS1/KS2 (except Hazel) classes to have one half term each with specialist coaches in Gymnastics and Dance linked to the PE curriculum. Teachers to work alongside coach in delivering.

All dance/gymnastic sessions take place on a Monday lesson 5 throughout the year. Classes swap PE slots as required through the year.

Classes can complete two FUN stations each half term if teacher feels appropriate. Can concentrate on only one if this is more appropriate for the children in the class.

GO Noodle to be used in class 15mins each day at teacher's discretion so children are getting 2hrs of physical activity a week as recommended. Can be split into different stages i.e. morning, before a lesson etc.