



Books – Use story-time and the book corner to encourage an early interest in books. Use this as an opportunity to share stories and allow the child to predict what might happen next, think about the characters thoughts and feelings and, if appropriate, begin to imagine their own story.



Games – Offer games that provide the opportunity to develop impulse control, for example Jenga and Snap. Hide and Seek is another great way to develop, not only impulse control, but planning and organising skills. Additionally, games that develop visual and verbal working memory, would include memory games such as 'pairs'.

Obstacle Courses – Using the outdoor space provides the perfect opportunity to support the development of executive function skills. By setting up obstacle courses that encourage climbing and balancing, children need to focus and pay attention to the activity in hand. Include activities that develop organising skills, for example throwing bean-bags into hoops.

