



# Beginning your child's autism journey

A series of 6 sessions

10.00am - 11.00am

**Booking is essential**

## Starting 10th January 2025

We are excited to bring you a programme of weekly 1 hour sessions for parents who are starting to consider an autism diagnosis or who have been referred to the GDA Pathway. The areas we will be covering each week are:

<b>10th January 2025</b>	<b>An introduction to getting a diagnosis</b>
<b>17th January 2025</b>	<b>Interests and focus</b>
<b>24th January 2025</b>	<b>Social interaction and social communication</b>
<b>31st January 2025</b>	<b>Sensory</b>
<b>7th February 2025</b>	<b>Stimming, routine and structure</b>
<b>14th February 2025</b>	<b>Emotions and energy levels</b>

### PLEASE NOTE

These workshops cannot be booked individually, they are part of a series of workshops. When booking please ensure that you are able to attend all of the sessions. These sessions are for parent carers

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